

Merrimac 7 Mile Handicap
Merrimac, MA Aug. 20, 2024

Place	Name	Time	Handicap	Net Time	Age	Town	Club
1	Jeff Gould	70:45	- 14:00	56:45	59	Gardner	NMC
2	Jim Shope	69:59	- 8:45	61:14	70	Sterling	NMC
3	Julie Dragon	73:05	- 8:45	64:20	45	Sturbridge	NMC
4	Rick Hersey	72:55	-4:00	68:55	73	Medfield	NMC
5	Denise Lawson	75:52	- 4:00	71:52	55	Worcester	NMC
6	Charlie Salmon	81:51	- 4:00	77:51	72	Fitchburg	NMC
7	Stephen Abbondanza	90:04	+6:00	96:04	64	Everett	NMC
5 Miles							
1	Jonathan Miganowicz			35:32	37	Templeton	NMC
2	Amy Fallon			49:23	47	Worcester	NMC
3	Kevin Fallon			49:23	56	Worcester	NMC

Race Director: Marge Gladwin

Volunteers: David Duval,