



LAST CHANCE!!! - NMC Holiday Party - Saturday, December 14, 2024

Today is the last day to sign-up to attend NMC's Holiday Party, which will be held Saturday, December 14th at Monoosnock Country Club in Leominster. Tickets are \$30 per person for NMC Members and their guest. Please download and fill out [THE FORM](#), and return the bottom portion with payment to Deb Fontaine. **AGAIN, we kindly ask that you register no later than TODAY, December 1st** so we may plan accordingly. Each year we have a blast dancing the night away, with great food and great drinks, so don't miss out on all the fun!

Mill Cities Relay - Sunday, December 8, 2024

Mill Cities Teams are nearly finalized, a few last minute adjustments are being made to the roster. If you already signed up and haven't heard from our Mill Cities Coordinator, Rebecca, please do not hesitate to reach out. The race runs from Nashua NH to Lawrence MA (new starting and finish locations this year, check out the [Mill Cities website](#) for details) in 5-member teams, 3-member teams with a shorter total distance for 60+ year olds. Again, read our [Mill Cities Letter](#) from Rebecca, and reach out with any questions!

Beat the Bay State Team Challenge - WRAP-UP

North Medford Club once again was the first group to reach the 900-mile mark for this virtual event put on by [WalkMassachusetts](#). Huge thanks to [George](#) for coordinating this event. Shoutout to Jeff Gould (403 Miles) and Brenda Morris (311 Miles), our top two NMC mileage contributors! Don't forget to log your miles by the end of the day on Monday, December 2, 2024.

In the Community

After a successful restart of the NMC Run for a Beer 5k, NMC was able to make donations to the Gardner HS X-Country/Track Booster Club and the Narragansett Regional HS X-Country Team. We'd like to thank [Moon Hill Brewing at the Gardner Ale House](#) and the [Gardner Festival Committee](#) for co-sponsoring our race, along with all [our local sponsors](#), and of course all our runners and volunteers. Check out some photos of our President and Vice President presenting the donations at the teams' end of season celebrations:



Annual Meeting - Sunday, January 5, 2025 at 2:30pm

Mark your calendars! The North Medford Club Annual Meeting & Potluck will take place on Sunday, January 5, 2025 at the Knights of Columbus on Electric Avenue in Fitchburg following the Bob Hersey Memorial 5 Mile Race. The race is set to start at 1pm and the meeting & potluck at 2:30pm. Enjoy a great race with good food and great people, and start the New Year off right!

129th Boston Marathon - Waivers

Each year runners from around the world set their sights on Boston, hoping to join the nearly 30,000 runners who race from Hopkinton to Boylston Street. This year the BAA awarded 3 waivers to NMC for the 129th Boston Marathon. As in previous years, NMC will award the waivers at the annual meeting based on member applications. As we begin to streamline this process, we are piloting an [online application form on our website](#). We are directing those interested to apply online, though we will have paper applications available at the annual meeting this year.

NMC Apparel

If you need some new NMC Apparel, please reach out to Marge at roadrunner_415@yahoo.com and she'll be able to coordinate with you.

NMC Dues - 2025

NMC is now accepting Individual and Family NMC Membership forms for the 2025 calendar year. Please visit our [Memberships Page](#) for more information, or join us at the Annual Meeting in January.

Want to Help?

We currently have two open Board positions - Website Director and Communications Director. If you or someone you know might be a great fit or has some questions, send them our way! Have them reach out to me at musicman2987@gmail.com

~ "Run often. Run long. But never outrun your joy of running" ~ Julie Isphording

Jeremy Zglobicki, NMC President