



NMC Dues - 2025

NMC is now accepting Individual and Family NMC Membership forms for the 2025 calendar year. Please visit our [Memberships Page](#) for more information, or email George at georgemoe@zoho.com with any questions.

NMC Grand Prix Awards

On Sunday, January 5, 2025, at our Annual Meeting, awards were presented to Ironmen, Ironwomen, Overall Winners, and Age-Group Winners for the [2024 Winter Series](#) and the [2024 Summer Series](#). Congrats to all our winners! If you weren't able to attend the annual meeting and you won an award, please reach out to Marge at roadrunner_415@yahoo.com

NMC 2025 Winter Series

The winter series is off to a great, if not COLD, start! The Bob Hersey Memorial 4-Mile Race was held before our annual meeting this past Sunday. If you missed it, not to worry - there are still plenty of races left in the winter series. Check out our [2025 Winter Series](#) schedule on our website.

President's Cup

Beginning in 1992, the NMC President's Cup has been awarded each year to a deserving member or members for their dedication, commitment, and contributions to North Medford Club. This year, the award went to Abby Jenkins. In her first year as a Board Member, Abby has taken on numerous responsibilities including co-directing races, sitting on many committees, and organizing sponsorship for a new race, and brings joy and energy to everything she does. Keep doing what you're doing, Abby, and congratulations!

Boston Marathon Waivers

This year, NMC was awarded 3 waivers from the BAA for entry into the 129th Boston Marathon. Based on NMC's [2024 Volunteer Points](#), and individual applications for waivers, we are pleased to award these waivers to Thomas Stracqualursi, Jonathan Miganowicz, and Emer O'Donoghue! Our BAA Waivers Committee has done some difficult but excellent work reviewing our process for awarding waivers - stay tuned for an update on the application process for next year's waivers.



L to R: Emer O'Donoghue, Mark Fontaine, Jonathan Miganowicz, & Thomas Stracqualursi

Volunteer with NMC at the Boston Marathon

Arguably the largest race in New England, the BAA solicits an army of volunteers to make sure everything runs smoothly all race weekend. This year we have a HUGE NMC group signed up for volunteering at the Water Stop at the 6-Mile mark in Framingham on race day, and a smaller group forming to help at the Marathon Expo on Saturday. You can only sign-up online in a [BAA Athlete's Village account](#). See the information below to sign up for whichever group you can!

Monday, April 21, 2025 - Framingham Water Stop

Group Name: North Medford Running Club

Group Passcode: BM2025

Saturday, April 19, 2025 - Boston Marathon Expo

Group Name: NMC Expo

Group Passcode: NMC2025

Wild Rover Series

The Wild Rover Race Series will once again be held starting the last Sunday in February on the 23rd. Three races of 3, 4, and 5 miles, held on three consecutive Sundays in Haverhill, Lawrence, and Dracut. The series is offering a club discount to runners who sign up for the entire series: \$18 off the series price of \$128. If you are interested in the discount code, please email George at georgemoe9@gmail.com. You can also message George on Facebook. Again, this code can only be used if you register for the **whole** series.

Run for NMC at USATF Races

The New England association of USATF offers a variety of races throughout the year. North Medford Club is registered as a member club, and runners who have paid their NMC and USATF-NE dues are able to represent North Medford Club at any of these events. USATF-NE has posted their [2025 Road Race Grand Prix](#) schedule, and their [2025 Mountain Running Circuit](#) schedule. We'd love to see more orange-and-black at these events! Contact Jeff at twentyquarters@comcast.net if you have any questions.

NMC Apparel

If you need some new NMC Apparel, please reach out to Marge at roadrunner_415@yahoo.com and she'll be able to coordinate with you.

~ "Run often. Run long. But never outrun your joy of running" ~ Julie Isphording

Jeremy Zglobicki, NMC President